



INSTRUCTOR

SUKANYA NAGDA

Sukanya's Dance company

Trained Bharatanyam dancer learning since last 22 years. Appointed as a Bharatanatyam dancer through artist quota in Western Railways. Pursuing theatre since 6 years in Mumbai and learning the Indian traditional Martial Art forms Kalaripayattu..



CO - INSTRUCTOR

JIGAR NAGDA

Indian Film Industry

I am working as a Director and writer for Independent film and worked as an Assistant Director under eminent Directors like Anurag Kashyap and Onir. Have travelled India with 1 rupee and documented the experience which was also covered in Deccan Chronicles and various other newspapers.

OVERVIEW

We intend to impart knowledge to the students through dance, movement and dialogues which will help them to cope up with self confidence, come out of public fear and they will be able to communicate better with the right expressions and become a better personality for the coming times.

OBJECTIVE

It intends to cover the topics of movements and dialogues through practical applications which will help the students in building self confidence and a step towards learning about the inner self, importance of right expressions, to emote better at the right time and communicate better with their peers.

METHODOLOGY

The workshop will be completely practical and interactive where students will given tasks through various games, play , performance and traditional narratives. At the end of the day discussions will be held regarding what one takes back home after the workshop. and one homework will be given for the next day which will not be a burden but a joyful process.

KEYWORDS

Dance, Movement, Dialogues, Expressions, Play

WORKSHOP MODE

Online

February 14 - 25, 2022
openelective.nid.edu