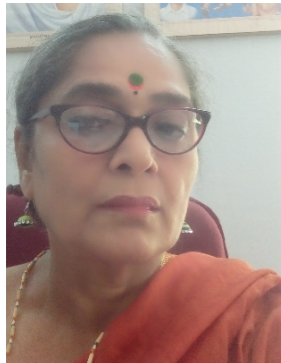


OE2123

POST COVID : A CRUCIBLE FOR CHANGE



INSTRUCTOR

MARGIE SASTRY

SELF EMPLOYED

Margie Sastry is a writer, editor, translator, researcher and teacher with over 4 decades of experience in the creative landscape. Having written for comics, newspapers, magazines, TV and movies, she uses her scripts, videos to concoct designer courses as visiting faculty at NID, CEPT, NIFT, JKLU, NIRMA and M.S.U Baroda.

<https://www.blogger.com/u/2/blog/posts/6419873439158463021>

OVERVIEW

A practical experiment to see the possibility of CHANGE in lived lives through personal modification of thought, deeds and outreach to immediate community to prepare for global Normative Futures. The Virus caught us unprepared yet the lockdown nurtured skills, behaviour, mental perspectives and global network of connectivity for learning as well as entertainment. To prepare for a strange new, unseen future of free India, Gandhiji's unique yet simple Ashram Life Lab experiment attempted to create a new Core community of caring individuals. A similar lab of globally wired citizens tethered to local milieu for basic human behaviour and community life.

OBJECTIVE

To Rethink and Re imagine our definition of life essentials and to prepare individuals to become nucleus for social transformation. To be aware of the nitty gritty details of our local community, produce, supply and sources To become community centred in our outlook to the world instead of self serving To see if even for a finite time, we can survive, thrive, and be happy healthy with limited local resources and immediate community. With each individual as a nucleus, the concentric circles spread out to serve, help, sustain and nourish others. As consumers, be aware of our impact on everyday transactions, decisions and purchases on local economy, creating islands of basic self sufficiency, well being and a nurturing national economy. A practical three pronged experiment based on three prior studies I am familiar with: : The 100 mile hypothesis of Ela Bhatt, (2010-2013, where I was the PI) which suggests that the basic three needs of food, shelter and clothing as well as basic needs like health education and banking be made available within a 100 Mile radius., an extension of the Locovore movement. 2 The Diagnostic survey of Matar taluka by Gandhian economist JC Kumarappa (An Economic Survey of Matar Taluka; Gujarat Vidyapeeth; 1952, pages: 155) and his Economy of permanence 3 Satyagraha Ashram: A laboratory for Swaraj- self-transformation and social change: The ashram as a laboratory experiments of self transformation through details of daily lived lives as collated from diaries of the lab inmates of the Community, living in the Sabarmati, Kochrab, Tolstoy farm by Gandhi (Doctorate thesis by Kaori Kurihara 2019)

METHODOLOGY

Daily exercise class assignments to be extrapolated into offline field work to inculcate desired objectives Guest talks by Ela Bhatt and Kaori Kurihara Fun games and quizzes for self identity and transformation and inculcation of empathy Nurturance of basic human values through guided expts

KEYWORDS

Self, Transformation, Community, Empathy, Recalibration

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